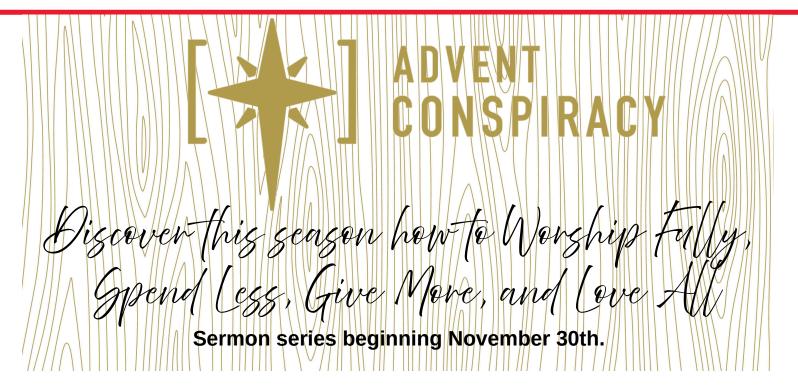


Monthly Messenger NOVEMBER 2025

8540 US 31 South Indianapolis | www.christindyumc.com 317-882-1549 | mail@christindyumc.com



Odvent



The advent season begins this year on November 30th. Join us for Hanging of the Greens on Sunday, November 30th as we decorate our sanctuaries to celebrate the Advent Season. In order to prepare for this event, we will be setting up the Christmas trees on Sunday, evening November 23rd @ 5pm. You are welcome to join the Worship Committee as we prepare for the season of Advent.



From Pastor Greg Pimlott

"What are you thankful for?" That's a question that often gets asked this time of year: around Thanksgiving dinner tables; in elementary school classrooms; and during Sunday school lessons. The answers can vary from the usual (a warm home, enough food to eat, and other similar blessings) to the expected (at school, "I'm thankful for my teacher"; at home, "I'm thankful for my family") to the surprising (for example a friend's younger brother always said "Dear God, thank you for Superman" when he was asked to pray before dinner as a child).

Whatever we may be thankful for, it's important to remember where—and Who—it came from. The world we live in, and the food we eat, and the air we breathe? All of those were created by God, Who created everything in heaven and on earth. If we have food on the table, a roof over our head, and friends or family to cherish and love, those are blessings that come from God.

When Thanksgiving Day comes this month, you may have lots of things you're thankful for, or you might struggle to think of a few. Your list of things you're thankful for may be the same as my list, or our lists might be different. But whatever we're thankful for, the most important thing is remembering Who to give thanks to!



From Your Church Staff

We would also like to express our heartfelt gratitude for the unwavering support and encouragement we receive from each and every one of you. Your kindness and generosity uplift us and make our work all the more rewarding. Being part of this compassionate and dedicated church family is a true blessing, and we are thankful for the opportunity to serve alongside such wonderful individuals. Your thoughtful gestures and words of appreciation resonate deeply with us. Together, we continue to grow in faith and community, and for that, we are truly grateful.



Thank You Notes

Thank you! It took a lot of people to help plan and put on our Car Party in August. I would like to thank Will Ifeachor, Ed Land, Jeff Bullock, DeAnna Weile, Destiny Brown, Josiah Berry, Elise Taylor, Katie Eilerman, Sharon Gober, Mike and Janice Dutton, Tim Messersmith, David Haehnle, Damon Cox, Joe Tutterow, Zachary Brinkerhoff, David Lee, Greg Pimlott, Wanda and any others I have over looked. I would like to thank all of our Car Party participants. We had a fun successful day. Stephen Brinkerhoff

Thank you to Terri Haehnle, Amanda Schnepp, Ed and Jenn Land for providing youth group dinners in October.

Thank you for the many prayers & Pastor Greg's visit at Clyde's recent hospital admission as well as the prayer shawls. Clyde & Marlene McAdams.

From Parish Nurse, Patt Quattrocchi

Seizures, A Guide to Recognition & Keeping a Person Safe

Seizures are common. About 1 in 10 people in the United States may have a seizure in their lifetime. 1 This means that someday you may need to help someone

Witnessing a person having a seizure can be a truly scary event but following general first-aid

guidelines can help you provide the right care to keep a person safe.

There are two main types of seizures, named based on where the seizure starts in the brain. One type (focal) starts on one side of the brain and usually affects only one side of the body with abnormal movements. They also may affect awareness, behavior or sensation. The other type is generalized and usually affects abnormal movements on both sides of the body. A person with epilepsy can have more than one type of seizure. Not all people with seizures have epilepsy. There are many circumstances that can trigger a seizure. A few of those triggers are flashes of light, head injury, stress, fever, loud sudden noises and an allergic reaction.

As an observer you may see symptoms like confusion, staring off without talking, smacking their lips, unusual body movements, inability to respond to questions or directions for a few minutes. Other symptoms may include crying out, loss of consciousness, falling, muscle jerks or spasms,

rapid eye blinking, and mouth movement like chewing.

Keeping the seizing person safe

Do....

1. Stay with the person till the seizure ends and they are fully awake.

- 2. If they are unconscious, place them on their side to avoid them aspirating fluid in their mouth
- 3. Time the seizure
- 4. To prevent injury, clear the area around the person.
- 5. Look for a medical alert bracelet

Don't

- 1. Don't Hold them down or try to restrict their movements
- 2. Don't put anything in their mouth
- 3. Don't try to give CPR or mouth to mouth rescue breathing during the seizure. They usually start breathing on their own
- 4. Don't offer food or drink till they are fully awake and alert

Seizures don't usually require emergency medical attention. But there are situations when emergency medical care is needed.

Call 911 if

- 1. The seizure lasts longer than 5 minutes,
- 2. One seizure starts after another,
- 3. Has trouble breathing or waking up after the seizure
- 4. Injury occurs during the seizure
- 5. The seizure happens in water
- 6. The person is pregnant
- 7. Has diabetes or loses consciousness
- 8. Has never seized before

https://www.summahealth.org/flourish/entries/2023/04/firstaid-dos-and-donts-when-helping-someone-having-a-seizure

From Jennifer Land, Preschool/Childcare Director

<u>Important November/December/January Dates</u> <u>for Preschool Classes and Infant Toddler (Childcare):</u>

November 24th-28th: Preschool classes will be on Thanksgiving Break.

November 27rd-28th: Extended Care and Childcare will be closed.

December 9th @ 6:30pm: Preschool Christmas Program in Sanctuary

December 19th-January 2nd: Preschool classes will be closed for

Winter Break.

December 22nd and 26th: ALL SERVICES CLOSED

January 1st and 2nd: Extended Care and Childcare will be closed.



Instructions

- 1. Combine flour, salt, cream of tartar, and pumpkin pie spice in a small bowl.
- 2. Combine boiling water with the oil and food coloring.
- 3. Stir wet ingredients into the dry ingredients and mix well.
- 4. Remove from bowl and place on a cutting board or parchment paper.
- 5. Knead dough until it's well combined and no longer sticky, add more flour a teaspoon at a time if it's sticky.
- 6. Store in an air tight container.

<u>Ingredients</u>

- · 1 cup flour
- · ½ cup salt
- · 2 tablespoons cream of tartar
- · 1 teaspoon pumpkin pie spice
- · 1 tablespoon oil
- · 1 cup boiling water
- Food coloring orange or yellow



From the Youth Department



JAM? WE R 1? WAREHOUSE 242? Who are we? We are a group of youth from all different walks of life that love Jesus! Each week we meet at 5:30 pm on Sunday for a meal, games, and lessons. Do all of the youth have families that attend our church? No, actually we have several youth that do not attend our church. Invite a friend or two!

1. Youth Group Continues (All Fall/Winter!)

- Who: All junior high & high school students are invited bring a friend!
- When: Sundays, 5:30-7:30 PM (dinner included)
- Where: Annex
- No Youth Group on: Sunday November 30, Sunday, Dec 21 and Sunday, Dec 28.

Friendsgiving Lock-In (Overnight at Church) — Friendsgiving Weekend

- When: Saturday, Nov 22 → Sunday, Nov 23, 2025 (pick-up at 9:00 AM)
- Where: Annex (check-in and pick-up)
- Who: Junior high & high school students
- What: Friendsgiving meal, worship & testimony, late-night games, a short devotional, and breakfast in the morning.

Community Meal

Our next Community Meal will be on Wednesday, November 5th from 6-7:30pm. Our meal will be chicken & noodles, mashed potatoes, green beans, and dessert. There will be volunteer sign-up sheets in the narthex the week before. Share the date with friends, family, or anyone you know who may need a good hot meal and fellowship.

With Deepest Gumpathy

- Our sympathy to Carl and Jan Weigle for the passing of their sister-in-law, Kim Vogelgesang on September 22nd, 2025.
- Our sympathy to Lu Sabo and family for the passing of her sister, Zena Ibrahim on October 8th, 2025
- Our sympathy to Alisa Gammons for the passing of her husband, Kevin on October 5th, 2025.
- Our sympathy to Sharon Blades, her daughter, Kathy Lawson and family of the passing of Douglas Lee Cummings on October 17, 2025. Doug was Sharon's son and Kathy's brother.

News from your Board of Trustees Building for the Future

The Board of Trustees is pleased to share several exciting updates as we continue caring for and improving the facilities that support the ministries of Christ Indianapolis United Methodist Church. Each of these projects represents our ongoing commitment to maintain a safe, welcoming, and functional campus for worship, fellowship, and community outreach. Eagle Scout Project – Outdoor Worship & Fellowship Space On the south end of the property, work has begun on an Eagle Scout project that will create a small outdoor worship area complete with a firepit and seating. This new space will provide opportunities for outdoor gatherings, small group devotions, youth activities, and fellowship events in the seasons ahead. We are deeply grateful for this partnership and the vision it brings to our church grounds—a place where faith and community can grow together under the open sky.

Boiler and AC Replacement in Fellowship Hall The Board of Trustees in conjunction with the Finance Committee has also approved the replacement of the aging boiler and AC system that serves the Fellowship Hall. The new high-efficiency furnace and condenser unit will offer improved reliability and energy savings during the warm and cold months. This project is part of our broader effort to be good stewards of the resources God has provided while ensuring that our facilities remain comfortable and functional for all ministries and events. Removal of the system has been in the works for several years, with the addition of the ductless mini-split systems in the original education wing, this system only provides heat and AC to a small number of rooms.

Facility Improvements and Planning for 2026 Several windows throughout the new education wing have recently been replaced to address leaks, rotting frames, and improve energy efficiency. These upgrades have already made a noticeable difference, especially as we prepare for winter. Looking ahead, the Trustees will soon begin developing a plan for additional capital projects that will be necessary in 2026. These plans will prioritize building maintenance, safety, and long-term sustainability, ensuring that our church remains strong and vibrant for years to come.

As always, we thank the congregation for your continued prayers, support, and generosity. Together, we are preserving and improving the spaces where we worship, serve, and grow in faith.

- The Board of Trustees Christ Indy United Methodist Church

UNITED WOMEN IN FAITH

Our next UWIF meeting is Sunday, November 2nd at 5 PM. We want to kick off the holidays with a good old fashion cookie exchange. Bring 3 dozen of your favorite cookies to share. If you are willing to share the recipe then have it written out so ladies can take a picture of it. We will be exploring Blessings in our life as navigated by Shirley Branham. Don't forget a healthy snack too. See you there!



Poinsettias! Now is the time to order for our Christmas display! See bulletin insert to order your poinsettias in memory or in honor of a loved one. Cost is \$10 and orders are due by Sunday, November 9th. If you would like to order you may also make arrangements by calling the church office at 317-882-1549.

From Sherry Brown, Karate Instructor Forever Young Senior Exercise Classes

When we age (gracefully) our everyday life may become harder to maintain flexibility & strength. Movement and exercise are the best remedy for stiffness.

These exercise classes will cater to each person's abilities. We will be working on balance, and getting our bodies some well needed stretching & workout. If you need to start out with a chair, that's fine. You will be amazed at how much better you will feel after your workouts and the friendships you will make in this class.

The exercise classes for Seniors on Tuesday, November 4 from 5 - 6 pm in the Fellowship Hall at Christ Indianapolis United Methodist Church.

These classes will be offered at \$40 for 4 class a month. We accept cash or checks made payable to Sherry Brown.

Wear those tennis shoes and bring a bottle of water and I'll see you there! For any questions contact Sherry Brown at brownskarate@msn.com.



Sunday, November 23rd is Thanksgiving Sunday
On Sunday, November 16th, there will be bags available for you to
take home. With that bag will be a list of the most needed items for
the food pantry. Return the bag filled on the 24th to the Narthex.
The bags will be processed in that morning in the sanctuary and in
THIRST and will be prayed over. Help us fill the pantriy!

Movie Matinee (New Disney Sept. Release)

Saturday, November 22nd

1-3pm

Popcorn & Lemonade
Bring chairs/blankets
Will take place in Fellowship Hall



YES!! We are beginning to plan our next mission trip to Guatemala. We are looking at the summer of 2027 for this trip. There will be an infomrational meeting on Monday, November24th @6:30pm.

Schermer Pecans- We have been selling these wonderful nuts for over 20 years for various missions. This year we are offering- 1# plain large halves, chocolate covered, cinnamon glazed, and chocolate/caramel. All bags are \$12. The proceeds from these sales will go into a general account to help cover the cost of luggage, insurance, and supplies we may need to take with us. (gloves/safety goggles, etc.)



Breakfast with Jesus and Santa!

A CIUMC family tradition. Saturday, December 13th 8-10:30am FREE Pancake Breakfast

Pictures with Santa and Baby Jesus Christmas Stockings for drawings will be on Sunday school class clipboards by November 23rd. Please fill the stocking for either a child or an adult. Some suggestions- small games, candy, stuffed animals, hot chocolate, puzzles, etc. Please turn in the stockings to the office by

December 11th.

South Home Christings

A Christmas Cantata December 14th 10am

From Becky Morris, Music Director



We welcome November in with songs that often explore themes of change, reflection, melancholy, and the transition from autumn to winter.

SAVE THE DATE...... DECEMBER 14th at 10:00 am

Resurrection Bells, Music with Becky's Children, and Chancel Choir presents Down Home Christmas.

Rehearsal Schedule

Sunday, 2, 9, 16, 23, 30..... Music with Becky..... 9: 45 — — -10: 15 Wednesday, 5,12,19,26..... Resurrection Bells......11:00——12:00N Thursday, 6,13,20... Chancel Choir.....6:00--7:30 pm

All of our musical groups are rehearsing for December 14th.

Please join us on Thursday nights for Chancel Choir rehearsals for December 14. If you're not able to make Thursday nights rehearsals please contact me and I'll make time for you on Sunday mornings at 8:00 am.

Dress rehearsal will be Saturday December 13, from 11:30——1:00.

Thought for the day......

Time is like a River. You can't see the same water twice, because the flow that has passed will never return. Treasure every moment of your life.

> In Song, Becky

2025 FALL FISH FRY RECAP

The final financial numbers from our fall fish fry confirm it was the most successful in CIUMC history. Our total sales were \$32,326.14, and costs were \$13,424.86, for a net profit of \$18,901.28. On top of that, we received two anonymous gifts of \$9,000.00 and \$900.00, so, including those extra donations, the income from the fish fry was \$28,801.28. After setting aside an escrow for next year's fall fish fry, the proceeds will be used by the Outreach Team to provide help and hope to people in need in our community, outside of our congregation. In Biblical context, our mission is to serve "the last, the least, and the lost" of our society, as Jesus taught.

We extend a big thank you to our congregation, customers, donors, and volunteers for making the 2025 Fall Fish Fry a great success.

MARK YOUR CALENDARS- NEXT YEARS' FALL FISH FRY- SEPTEMBER 18 & 19

2025 CHARGE CONFERENCE

Wednesday, November 5th @ 6pm. Our charge conference will be held at Franklin Grace United Methodist Church. All are welcome to attend.

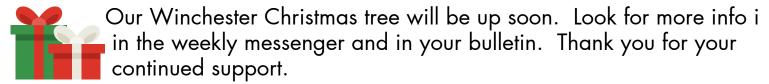
From Kristi Cox, Mission Committee Chair





Many teachers use money from their own pockets to care for the children in their classrooms, but we have the ability to easily provide this assistance to our neighbors. Visit the display in the Narthex to find the current needs of the school.

We also have an Amazon Wishlist where you can purchase specific items.





We have just entered the Fall Festivals — the season when we celebrate the Jewish New Year, Rosh Hashanah. Biblically, it is called the Feast of Trumpets (Yom Teruah). The blowing of the shofar reminds us that in ten

days, the Day of Atonement (Yom Kippur) will come.

Yom Kippur is not a feast, but a sacred "connector" — essential for understanding God's redemptive plan for mankind. And only after atonement can we truly celebrate! That celebration is the Feast of Tabernacles (Sukkot), also known as the Feast of the Kingdom — a time of joy, dwelling in God's presence, and looking forward to His eternal reign.

For us, in Israel — and especially as Messianic Jews — these festivals have taken on a deeper and more painful meaning since October 7th, 2023. It feels as if the Holocaust stories of our grandparents came alive before our eyes. What we once heard in testimonies became reality when we saw the videos and listened to the cries of those who were attacked and murdered.

How can we cope with all of this? How can we continue to live, serve, and hold the same vision we had on October 6th? The answer is simple, yet profound — by leaning daily on God's mercy and strength. We live one day at a time, carrying both sorrow and resilience. We press on because we know that God is not finished with us yet. His plan for Israel — and for all humanity — continues to unfold. And when we see one more person coming to faith, one more disciple growing, one more food box delivered, one more Hebrew class taught — we are reminded why we must continue, no matter the cost.

So, am I sad? Yes.
But am I hopeful? Absolutely



What is Operation Christmas Child?

The Samaritan's Purse project Operation Christmas Child collects shoebox gifts filled with fun toys, school supplies and hygiene items—and delivers them to children in need around the world to demonstrate God's love in a tangible way. For many of these children, the gift-filled shoebox is the first gift they have ever received.

Since 1993, Operation Christmas Child, the world's largest Christmas project of its kind, has collected and delivered more than 220 million shoebox gifts to children in more than 170 countries and territories.

Anyone can pack a shoebox. Individuals, families, churches and groups fill empty shoeboxes with school supplies, hygiene items and fun toys, such as dolls or soccer balls.

Our boxes are due on **Sunday, November 16th.** Please turn in the box to the display in the education wing. To learn how to pack a shoebox, view gift suggestions, get your Follow Your Box label and more go to samaritanspurse.org/occ

REMINDERS: WRAP WITH LID OPENABLE, NO SOAP/TOOTHPASTE/CANDY; INCLUDE A NOTE OR PICTURE

Participants can offset the shipping cost by donating \$10 per shoebox gift online through Follow Your Box and receive a tracking label to discover its destination.

SCOPF:

- Shoebox gifts are collected in Australia, Austria, Canada, Finland, Germany, New Zealand, South Korea, Spain,
 Switzerland, United Kingdom and the United States.
- More than 11.3 million shoebox gifts were collected globally in 2023, 10 million from the United States alone.
 Operation Christmas Child hopes to collect enough shoeboxes each year to reach another 12 million children.
- Over 540,000 volunteers worldwide- with more than 213,000 of those in the U.S.- are involved in collecting, shipping, and distributing shoebox gifts.
- Operation Christmas Child is a project of Samaritan's Purse, an international Christian relief and evangelism
 organization headed by Franklin Graham. Samaritan's Purse currently works in more than 100 countries to provide
 aid to victims of war, disease, disaster, poverty, and famine. In the past month, they have been working alongside
 victims of Hurricanes Helene and Milton, both in North Carolina and Florida; where they have multiples disaster
 relief bases.

IMPACT

- Delivered into the hands of children through local churches, every shoebox gift is an opportunity to share about Jesus Christ and God's love.
- Since 2009, over 40.5 million shoebox recipients have participated in our 12-lesson discipleship course, The Greatest Journey. More than 20.2 million boys and girls have made decisions for Christ.
- taken and adapted from Samaritan Purse- Operation Christmas Child fact sheet.

Give Thanks for Grains!

Midori Adams, Nutrition & Dietetics Doctoral Student at IU Indianapolis

November is my absolute favorite month of the year, almost solely due to its inclusion of my favorite holiday: Thanksgiving! There are many ways to enjoy the season of giving, and this year, consider giving yourself and your family the blessing of good nutrition. This can be done by considering how to incorporate grains into your harvest season foods and feasts.

Grains are one of the five food groups that encompass a balanced diet. They are found in a variety of commonly consumed foods, including bread, rice, pasta, oatmeal, cereal, tortillas, baked goods, and many others. Grains can show up on your plate at your Thanksgiving feast, too! Traditional dishes with grains include dressing (i.e., stuffing), rolls, macaroni & cheese (if you count that), and baked goods (e.g., cookies, pie crusts, breads, etc.).

Did you know that there are two different types of grains? We find both refined and whole grains in our diet, and consuming a balance between the two is key. Refined grains are milled, which removes their bran and germ to improve texture and lengthen shelf life. Whole grains are exactly as they sound, whole! The bran, germ, and endosperm are left intact, and this is important for maintaining the nutrient composition found within the grain. Whole grains are a great source of complex carbohydrates, fiber, B vitamins, and some minerals, like iron, magnesium, and selenium. Refined grains need to be enriched with these nutrients, or have them added, as milling depletes them.

The USDA's MyPlate initiative recommends the consumption of six to ten ounces of grains daily, depending on your age and gender. A one-ounce equivalent of grains looks like a slice of bread, one cup of dry cereal, or one-half cup of cooked rice or pasta. A special recommendation for this food group is that 50% of your total daily grains come from whole grains, as they are correlated to several health benefits. These include a reduced risk of cardiovascular disease and diabetes, as well as improved management of blood glucose and cholesterol levels, mainly due to their fiber-rich composition.

I'm not sure about you, but I'm giving thanks for grains this year! How can you begin to incorporate grains, especially whole grains, into your meals this harvest season?

Source:

MyPlate.gov | Grains Group - One of the Five Food Groups

Birthday.

11.01 Sylvia Burgess

11.02 Rebecca Lester

11.03 Larry Clark

11.03 Aubrey Hall

11.03 Joel Keatts

11.03 Aidan King

11.04 Aurora Julbert

11.04 James Owens

11.06 Jerry Brown

11.06 Jerry Campbell

11.07 Rev. Carol Fritz

11.07 Lew Richardson

11.07 Dawn Wilson

11.08 Paula Loy

11.08 Braden McIntire

11.08 DeDe Sims

11.09 Mark McCarty

11.10 Janis Dutton

11.10 Mary Lou Hilton

November Birthdays

11.13 Debbie Groves

11.13 Ruby Hopkins

11.13 Cathy Senteney

11.14 Thomas Holman

11.14 Haley Miller

11.14 Amy Whitkanack

11.15 Avery Polley

11.16. Bruce Arnold

11.16 Elmer James

11.16 Scott Kraus

11.16 Rob Pfiester

11.16 Bill Thompson

11.17 Nancy Riley

11.18 Austin McNabb

11.18 John Parsons

11.19 Karen Greathouse

11.20 Steve Adkins

11.22 Carrah Campbell

11.23 Bruce Davis

11.23 Mitchell Finley

11.23 Chris Herwehe

11.24 Roy Cowan

11.24 James Thomson

11.25 Sharon Blades

11.25 Evan Cutshaw

11.26 Chris Boyd

11.26 Maria Granato

11.26 Chloe Nunez

11.28 Addison Huckaby

11.28 Clara Rogers

11.28 Lori White

11.30 Debbie Faulk

11.30 Bentley Nolder

11.30 Patty Poehler



Anniversaries



11.08 Les & Shirley Branham

11.09 James Thomson & Kimberly Bortnem

11.17 Dick & Ann Downing

11.22 Jerry & Joyce Brown



Christ Indianapolis United Methodist Church

8540 US 31 South, Indianapolis, IN 46227 **Office:** 317-882-1549 | **Fax:** 317-881-8409

Preschool: 317-881-4804 **Website:** christindyumc.com

OFFICE HOURS: Monday-Thursday 9:00 am - 1:00 pm

Friday - Office Closed. Appointments for other times can be arranged.

Greg Pimlott, Senior Pastor
Aziel Nunez, Associate Pastor
Terri Haehnle, Business Administrator
Terri Haehnle, Christian Education
Jennifer Land, Preschool Director
Damon Cox, Facilities Coordinator
David Haehnle, Facility Maintenance
Becky Morris, Music Director
Patt Quattrocchi, RN, Parish Nurse
Rob Pfiester, Organist
Midori Adams, Media Technician

Greg.Pimlott@ChristIndyUMC.com
Aziel.Nunez@ChristIndyUMC.com
Terri.Haehnle@ChristIndyUMC.com
Terri.Haehnle@ChristIndyUMC.com
Jennifer.Land@ChristIndyUMC.com
Damon.Cox@ChristIndyUMC.com
DHaehnle@icloud.com
jbmorrisret@gmail.com
Patt.Quattrocchi@ChristIndyUMC.com
RPfiester@mymetronet.net
Midori.Adams@ChristIndyUMC.com

Sundays

9:00 am: Traditional Worship

Sanctuary

10:15 am: Sunday School (All Ages)

11:15 am: THIRST Worship in Fellowship Hall

5:30 pm Youth Group for 6th-12th grade

The Six Pillars of Christ Indianapolis United Methodist Church

- 1. Fellowship
- 2. Service
- 3. Prayer
- 4. Community Outreach
- 5. Witness
- 6. Worship